



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Liesegang, Frank

Club: LV Altstadt 98 Nordhausen e.V.

Number: 300

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M40

Total time: 36:43

Speed: 10.79 km/h

Rank in course/Total: 32 (of 57)

Rank in course/Men: 28 (of 43)

Best time in course: 23:51

Rank in category: 5(of 7)

Best time in the category: 25:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenzeit	3.30	18:09	10.91	5	5:53	29	6:18	3.30	18:09	10.91	5	5:53	29	6:18
Finish	3.30	18:34	10.66	5	5:38	28	6:34	6.60	36:43	10.79	5	11:31	28	12:52