



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Hamann, Mike

Club: Harztor-Läufer/ SV Hannovera e.V.
Number: 308

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M45

Total time: 32:22

Speed: 12.23 km/h

Rank in course/Total: 21 (of 57)

Rank in course/Men: 18 (of 43)

Best time in course: 23:51

Rank in category: 3(of 7)

Best time in the category: 30:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenzeit	3.30	15:37	12.68	2	0:27	17	3:46	3.30	15:37	12.68	2	0:27	17	3:46
Finish	3.30	16:45	11.82	4	1:13	19	4:45	6.60	32:22	12.23	3	1:40	18	8:31