



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Knoll, Michael

Club: Lg bad frankenhausen göllingen

Number: 353

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M50

Total time: 39:48

Speed: 9.05 km/h

Rank in course/Total: 42 (of 57)

Rank in course/Men: 35 (of 43)

Best time in course: 23:51

Rank in category: 2(of 2)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	19:11	9.38	2	1:06	32	7:20	3.30	19:11	9.38	2	1:06	32	7:20
Finish	3.30	20:37	8.73	2	2:40	36	8:37	6.60	39:48	9.05	2	3:46	35	15:57