



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Landgraf, Marco

Club: Harztor-Läufer/ SV Hannovera e.V.
Number: 311

Course: 6.60 km
2 Runden 6,6 km

Category:
Senioren M35

Total time: 37:24

Speed: 9.63 km/h

Rank in course/Total: 36 (of 57)

Rank in course/Men: 30 (of 43)

Best time in course: 23:51

Rank in category: 3(of 5)

Best time in the category: 30:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	18:11	9.90	3	2:50	30	6:20	3.30	18:11	9.90	3	2:50	30	6:20
Finish	3.30	19:13	9.37	3	3:50	31	7:13	6.60	37:24	9.63	3	6:40	30	13:33