



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Pelzel, Mario

Club: VfL 28 Ellrich

Number: 515

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M45

Total time: 40:38

Speed: 13.29 km/h

Rank in course/Total: 7 (of 135)

Rank in course/Men: 7 (of 105)

Best time in course: 35:25

Rank in category: 2 (of 12)

Best time in the category: 40:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Rundenzeit	3.30	13:24	13.43	2	0:17	10	1:39	3.30	13:24	13.43	2	0:17	10	1:39				
Rundenzeit	3.30	13:33	13.28	2	0:07	6	1:41	6.60	26:57	13.36	2	0:24	9	3:20				
Finish	3.30	13:41	13.15	2	0:09	7	1:53	9.90	40:38	13.29	2	0:24	7	5:13				