



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Mackensen, Sylvester

Club: Sv nordhausen 90ABT Triatlon
Number: 522

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M40

Total time: 41:43

Speed: 12.94 km/h

Rank in course/Total: 13 (of 135)

Rank in course/Men: 13 (of 105)

Best time in course: 35:25

Rank in category: 1(of 11)

Best time in the category: 41:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	13:51	13.00	1	-	13	2:06	3.30	13:51	13.00	1	-	13	2:06
Rundenzeit	3.30	13:54	12.95	1	-	12	2:02	6.60	27:45	12.97	1	-	13	4:08
Finish	3.30	13:58	12.89	1	-	12	2:10	9.90	41:43	12.94	1	-	13	6:18