



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Fricke, Marius

Club: LTV Oenberreichsfeld

Number: 532

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M45

Total time: 44:23

Speed: 12.17 km/h

Rank in course/Total: 23 (of 135)

Rank in course/Men: 23 (of 105)

Best time in course: 35:25

Rank in category: 6(of 12)

Best time in the category: 40:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenzeit	3.30	14:32	12.39	6	1:25	24	2:47	3.30	14:32	12.39	6	1:25	24	2:47
Rundenzeit	3.30	14:32	12.39	5	1:06	19	2:40	6.60	29:04	12.39	6	2:31	23	5:27
Finish	3.30	15:19	11.75	7	1:47	30	3:31	9.90	44:23	12.17	6	4:09	23	8:58