



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Gloger, Andreas

Club: VFL Ellrich

Number: 534

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M50

Total time: 45:11

Speed: 11.95 km/h

Rank in course/Total: 29 (of 135)

Rank in course/Men: 29 (of 105)

Best time in course: 35:25

Rank in category: 4(of 12)

Best time in the category: 40:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:27	11.65	6	1:58	50	3:42	3.30	15:27	11.65	6	1:58	50	3:42
Rundenzeit	3.30	14:43	12.23	4	1:35	24	2:51	6.60	30:10	11.93	4	3:33	31	6:33
Finish	3.30	15:01	11.99	3	1:14	24	3:13	9.90	45:11	11.95	4	4:47	29	9:46