



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Rensing, Daniez

Club: Sv nordhausen 90ABT Triatlon
Number: 517

Course: 9.90 km
3 Runden 9,9 km

Category:
Senioren M45

Total time: 44:54

Speed: 12.03 km/h

Rank in course/Total: 27 (of 135)

Rank in course/Men: 27 (of 105)

Best time in course: 35:25

Rank in category: 7(of 12)

Best time in the category: 40:14

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Rundenzeit | 3.30 | 14:41 | 12.26 | 7 | 1:34 | 27 | 2:56 | 3.30 | 14:41 | 12.26 | 7 | 1:34 | 27 | 2:56 | |
| Rundenzeit | 3.30 | 15:08 | 11.89 | 7 | 1:42 | 28 | 3:16 | 6.60 | 29:49 | 12.07 | 7 | 3:16 | 26 | 6:12 | |
| Finish | 3.30 | 15:05 | 11.93 | 6 | 1:33 | 26 | 3:17 | 9.90 | 44:54 | 12.03 | 7 | 4:40 | 27 | 9:29 | |