



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Stegner, Mario

Club: LAV Saale Rennsteig

Number: 477

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M45

Total time: 46:38

Speed: 11.58 km/h

Rank in course/Total: 38 (of 135)

Rank in course/Men: 38 (of 105)

Best time in course: 35:25

Rank in category: 9(of 12)

Best time in the category: 40:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:03	11.96	9	1:56	39	3:18	3.30	15:03	11.96	9	1:56	39	3:18
Rundenzeit	3.30	15:26	11.66	8	2:00	34	3:34	6.60	30:29	11.81	8	3:56	35	6:52
Finish	3.30	16:09	11.15	9	2:37	50	4:21	9.90	46:38	11.58	9	6:24	38	11:13