



# 11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

## Detailed evaluation

**Arndt, Marcus**

Club: INJOY Nordhausen GmbH

Number: 408

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M40

Total time: 47:02

Speed: 11.48 km/h

Rank in course/Total: 41 (of 135)

Rank in course/Men: 41 (of 105)

Best time in course: 35:25

Rank in category: 3(of 11)

Best time in the category: 41:43

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:05	11.93	4	1:14	40	3:20	3.30	15:05	11.93	4	1:14	40	3:20
Rundenzeit	3.30	15:56	11.30	5	2:02	45	4:04	6.60	31:01	11.61	4	3:16	42	7:24
Finish	3.30	16:01	11.24	4	2:03	46	4:13	9.90	47:02	11.48	3	5:19	41	11:37