



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Ehrhold, Sascha

Club: Riders Runners Club Nordhausen
Number: 433

Course: 9.90 km
3 Runden 9,9 km

Category:
Männer

Total time: 48:30

Speed: 11.13 km/h

Rank in course/Total: 54 (of 135)

Rank in course/Men: 54 (of 105)

Best time in course: 35:25

Rank in category: 8(of 10)

Best time in the category: 40:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:23	11.70	7	2:23	47	3:38	3.30	15:23	11.70	7	2:23	47	3:38
Rundenzeit	3.30	16:27	10.94	7	2:40	54	4:35	6.60	31:50	11.31	7	5:03	52	8:13
Finish	3.30	16:40	10.80	8	2:51	54	4:52	9.90	48:30	11.13	8	7:36	54	13:05