



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Wilfert, Sebastian

Club: INJOY Nordhausen GmbH

Number: 412

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M30

Total time: 46:51

Speed: 11.53 km/h

Rank in course/Total: 39 (of 135)

Rank in course/Men: 39 (of 105)

Best time in course: 35:25

Rank in category: 7(of 15)

Best time in the category: 35:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:13	11.83	8	3:28	44	3:28	3.30	15:13	11.83	8	3:28	44	3:28
Rundenzeit	3.30	15:31	11.60	7	3:39	36	3:39	6.60	30:44	11.71	7	7:07	39	7:07
Finish	3.30	16:07	11.17	8	4:19	48	4:19	9.90	46:51	11.53	7	11:26	39	11:26