



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Grießhammer, Günter

Club: LAV Saale-Rennsteig

Number: 441

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M60

Total time: 48:14

Speed: 11.20 km/h

Rank in course/Total: 52 (of 135)

Rank in course/Men: 52 (of 105)

Best time in course: 35:25

Rank in category: 3(of 5)

Best time in the category: 43:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	16:08	11.16	3	1:55	61	4:23	3.30	16:08	11.16	3	1:55	61	4:23	
Rundenzeit	3.30	15:57	11.29	3	1:33	48	4:05	6.60	32:05	11.22	3	3:28	54	8:28	
Finish	3.30	16:09	11.15	3	1:32	50	4:21	9.90	48:14	11.20	3	5:00	52	12:49	