



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Köppen, Klaus

Club: Tus Elbingerode

Number: 525

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M55

Total time: 50:13

Speed: 10.75 km/h

Rank in course/Total: 63 (of 135)

Rank in course/Men: 61 (of 105)

Best time in course: 35:25

Rank in category: 6(of 11)

Best time in the category: 43:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Rundenzeit	3.30	16:19	11.03	6	2:03	63	4:34	3.30	16:19	11.03	6	2:03	63	4:34				
Rundenzeit	3.30	16:47	10.72	6	2:19	61	4:55	6.60	33:06	10.88	5	4:22	58	9:29				
Finish	3.30	17:07	10.52	7	2:30	62	5:19	9.90	50:13	10.75	6	6:52	61	14:48				