



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Fierenz, Gerald

Club: SV Glückauf Sondershausen

Number: 496

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M50

Total time: 49:43

Speed: 10.86 km/h

Rank in course/Total: 58 (of 135)

Rank in course/Men: 56 (of 105)

Best time in course: 35:25

Rank in category: 8(of 12)

Best time in the category: 40:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	16:06	11.18	9	2:37	60	4:21	3.30	16:06	11.18	9	2:37	60	4:21
Rundenzeit	3.30	16:42	10.78	8	3:34	56	4:50	6.60	32:48	10.98	9	6:11	57	9:11
Finish	3.30	16:55	10.64	9	3:08	60	5:07	9.90	49:43	10.86	8	9:19	56	14:18