



# 11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

## Detailed evaluation

**Forst, Cassandra**

Club: INJOY Nordhausen GmbH

Number: 406

Course: 9.90 km

3 Runden 9,9 km

Category:

weibliche Jugend U20 (18 und 19 Jahre)

Total time: 51:42

Speed: 10.44 km/h

Rank in course/Total: 75 (of 135)

Rank in course/Women: 6 (of 30)

Best time in course: 48:40

Rank in category: 1(of 2)

Best time in the category: 51:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	17:08	10.51	1	-	7	1:24	3.30	17:08	10.51	1	-	7	1:24
Rundenzeit	3.30	17:18	10.40	1	-	5	0:54	6.60	34:26	10.45	1	-	7	2:18
Finish	3.30	17:16	10.42	1	-	5	0:44	9.90	51:42	10.44	1	-	6	3:02