



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Heck, Oliver

Club: Keiner

Number: 539

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M30

Total time: 51:34

Speed: 11.52 km/h

Rank in course/Total: 74 (of 135)

Rank in course/Men: 69 (of 105)

Best time in course: 35:25

Rank in category: 10(of 15)

Best time in the category: 35:25

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------|-------|-------|-------|------|--------|-----|--------|-------|-------|-------|------|--------|-----|--------|
| | km | Time | km/h | Cat. | Cat. | Men | Men | km | Time | km/h | Cat. | Cat. | Men | Men |
| Rundenzeit | 3.30 | 16:48 | 11.79 | 12 | 5:03 | 75 | 5:03 | 3.30 | 16:48 | 11.79 | 12 | 5:03 | 75 | 5:03 |
| Rundenzeit | 3.30 | 16:42 | 11.86 | 10 | 4:50 | 56 | 4:50 | 6.60 | 33:30 | 11.82 | 10 | 9:53 | 67 | 9:53 |
| Finish | 3.30 | 18:04 | 10.96 | 12 | 6:16 | 75 | 6:16 | 9.90 | 51:34 | 11.52 | 10 | 16:09 | 69 | 16:09 |