



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Gorges, Frank

Club: PlasmaService Europe GmbH

Number: 489

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M35

Total time: 53:36

Speed: 10.07 km/h

Rank in course/Total: 91 (of 135)

Rank in course/Men: 80 (of 105)

Best time in course: 35:25

Rank in category: 10(of 14)

Best time in the category: 40:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	17:40	10.19	11	4:33	85	5:55	3.30	17:40	10.19	11	4:33	85	5:55
Rundenzeit	3.30	17:56	10.04	9	4:11	77	6:04	6.60	35:36	10.11	10	8:44	80	11:59
Finish	3.30	18:00	10.00	8	4:09	74	6:12	9.90	53:36	10.07	10	12:53	80	18:11