



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt

Number: 436

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W50

Total time: 53:29

Speed: 11.11 km/h

Rank in course/Total: 88 (of 135)

Rank in course/Women: 10 (of 30)

Best time in course: 48:40

Rank in category: 2(of 4)

Best time in the category: 48:40

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
|------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------|-------|-------|-----|--------|-----|-------------|----------------|--------------|-----------------|
| | | | | | | | | km | Time | km/h | Pos | Behind | Pos | | | | |
| Rundenzeit | 3.30 | 17:16 | 11.47 | 2 | 1:32 | 8 | 1:32 | 3.30 | 17:16 | 11.47 | 2 | 1:32 | 8 | 1:32 | | | |
| Rundenzeit | 3.30 | 17:55 | 11.05 | 2 | 1:31 | 10 | 1:31 | 6.60 | 35:11 | 11.26 | 2 | 3:03 | 9 | 3:03 | | | |
| Finish | 3.30 | 18:18 | 10.82 | 2 | 1:46 | 11 | 1:46 | 9.90 | 53:29 | 11.11 | 2 | 4:49 | 10 | 4:49 | | | |