



# 11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

## Detailed evaluation

**Grüne, Roman**

Club: VFL Ellrich

Number: 516

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M45

Total time: 55:18

Speed: 9.76 km/h

Rank in course/Total: 101 (of 135)

Rank in course/Men: 88 (of 105)

Best time in course: 35:25

Rank in category: 10(of 12)

Best time in the category: 40:14

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenzeit	3.30	19:16	9.34	11	6:09	94	7:31	3.30	19:16	9.34	11	6:09	94	7:31
Rundenzeit	3.30	18:15	9.86	10	4:49	82	6:23	6.60	37:31	9.60	11	10:58	93	13:54
Finish	3.30	17:47	10.12	10	4:15	71	5:59	9.90	55:18	9.76	10	15:04	88	19:53