



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Lützkendorf, Gabriele

Club: Südharz

Number: 500

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W50

Total time: 55:39

Speed: 9.70 km/h

Rank in course/Total: 103 (of 135)

Rank in course/Women: 15 (of 30)

Best time in course: 48:40

Rank in category: 3(of 4)

Best time in the category: 48:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	17:59	10.01	3	2:15	16	2:15	3.30	17:59	10.01	3	2:15	16	2:15
Rundenzeit	3.30	18:33	9.70	3	2:09	14	2:09	6.60	36:32	9.85	3	4:24	15	4:24
Finish	3.30	19:07	9.42	3	2:35	14	2:35	9.90	55:39	9.70	3	6:59	15	6:59