



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Heinemann, Maria

Club: Teistungen

Number: 490

Course: 9.90 km

3 Runden 9,9 km

Category:

Frauen

Total time: 1:00:09

Speed: 8.98 km/h

Rank in course/Total: 115 (of 135)

Rank in course/Women: 19 (of 30)

Best time in course: 48:40

Rank in category: 3(of 8)

Best time in the category: 51:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	19:13	9.37	5	3:24	22	3:29	3.30	19:13	9.37	5	3:24	22	3:29
Rundenzeit	3.30	20:19	8.86	3	2:57	19	3:55	6.60	39:32	9.11	3	6:09	19	7:24
Finish	3.30	20:37	8.73	3	3:10	20	4:05	9.90	1:00:09	8.98	3	8:48	19	11:29