



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Hesse, Steffi

Club: Schlanstedt

Number: 445

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W35

Total time: 1:03:01

Speed: 8.57 km/h

Rank in course/Total: 124 (of 135)

Rank in course/Women: 25 (of 30)

Best time in course: 48:40

Rank in category: 3(of 4)

Best time in the category: 50:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	20:15	8.89	3	3:29	26	4:31	3.30	20:15	8.89	3	3:29	26	4:31
Rundenzeit	3.30	21:20	8.44	3	4:37	24	4:56	6.60	41:35	8.66	3	8:06	25	9:27
Finish	3.30	21:26	8.40	3	4:38	24	4:54	9.90	1:03:01	8.57	3	12:44	25	14:21