



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

George, Elke

Club: INJOY Nordhausen GmbH

Number: 413

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W50

Total time: 1:00:39

Speed: 9.79 km/h

Rank in course/Total: 117 (of 135)

Rank in course/Women: 21 (of 30)

Best time in course: 48:40

Rank in category: 4(of 4)

Best time in the category: 48:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	19:10	10.33	4	3:26	19	3:26	3.30	19:10	10.33	4	3:26	19	3:26
Rundenzeit	3.30	20:37	9.60	4	4:13	21	4:13	6.60	39:47	9.95	4	7:39	20	7:39
Finish	3.30	20:52	9.49	4	4:20	22	4:20	9.90	1:00:39	9.79	4	11:59	21	11:59