



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Prell, Gerd

Club: sportfreunde

Number: 466

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M55

Total time: 1:10:02

Speed: 7.71 km/h

Rank in course/Total: 134 (of 135)

Rank in course/Men: 104 (of 105)

Best time in course: 35:25

Rank in category: 10(of 11)

Best time in the category: 43:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Rundenzeit	3.30	21:43	8.29	10	7:27	102	9:58	3.30	21:43	8.29	10	7:27	102	9:58				
Rundenzeit	3.30	23:34	7.64	10	9:06	103	11:42	6.60	45:17	7.95	10	16:33	103	21:40				
Finish	3.30	24:45	7.27	10	10:08	104	12:57	9.90	1:10:02	7.71	10	26:41	104	34:37				