



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Fry-prell, Marlene

Club: sportfreunde ronhof

Number: 437

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W55

Total time: 1:10:00

Speed: 7.71 km/h

Rank in course/Total: 133 (of 135)

Rank in course/Women: 30 (of 30)

Best time in course: 48:40

Rank in category: 1(of 1)

Best time in the category: 1:10:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	21:42	8.29	1	-	30	5:58	3.30	21:42	8.29	1	-	30	5:58
Rundenzeit	3.30	23:31	7.65	1	-	29	7:07	6.60	45:13	7.96	1	-	30	13:05
Finish	3.30	24:47	7.26	1	-	30	8:15	9.90	1:10:00	7.71	1	-	30	21:20