



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

**Sperlich, David**

Club: VfB 1920 Werther e.V.

Number: 131

Course: 7.20 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 34:41

Speed: 12.11 km/h

Running performance: 4:49 min/km

Rank in course/Total: 27 (of 55)

Rank in course/Men: 26 (of 44)

Best time in course: 20:47

Rank in category: 7(of 8)

Best time in the category: 25:51