



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

**Vetterlein, Frank**

Club: MTV Niedersachswerfen

Number: 139

Course: 7.20 km

Pokallauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 36:54

Speed: 11.38 km/h

Running performance: 5:08 min/km

Rank in course/Total: 35 (of 55)

Rank in course/Men: 34 (of 44)

Best time in course: 20:47

Rank in category: 3(of 3)

Best time in the category: 32:41