



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Fütterer, Friedbert

Club: Sv 1887 Gernrode e.V.

Number: 153

Course: 7.20 km

Pokallauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 40:40

Speed: 10.33 km/h

Running performance: 5:39 min/km

Rank in course/Total: 46 (of 55)

Rank in course/Men: 42 (of 44)

Best time in course: 20:47

Rank in category: 2(of 2)

Best time in the category: 38:43