



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Dohle, Silke

Club: Nordhausen

Number: 157

Course: 7.20 km

Pokallauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 43:14

Speed: 9.71 km/h

Running performance: 6:00 min/km

Rank in course/Total: 47 (of 55)

Rank in course/Women: 5 (of 11)

Best time in course: 29:28

Rank in category: 1(of 2)

Best time in the category: 43:14