



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

**Georg Benedikt, Höpker**

Club: NDH / SV 90 Triathlon

Number: 16

Course: 2.30 km

Schnupperlauf

Category:

männliche Jugend U12 (10-11 Jahre)

Total time: 11:48

Speed: 10.17 km/h

Running performance: 5:08 min/km

Rank in course/Total: 15 (of 30)

Rank in course/Men: 10 (of 16)

Best time in course: 9:08

Rank in category: 4(of 7)

Best time in the category: 9:49