



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Liewald, Franziska

Club: Berlin - Pankow

Number: 150

Course: 7.20 km

Pokallauf - Walking

Category:

Walking Frauen

Total time: 1:10:26

Speed: 5.96 km/h

Running performance: 9:47 min/km

Rank in course/Total: 2 (of 3)

Rank in course/Women: 2 (of 3)

Best time in course: 1:10:25

Rank in category: 2(of 3)

Best time in the category: 1:10:25