



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Engelmann, Annett

Club: LV Altstadt '98

Number: 9

Course: 2.30 km

Schnupperlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 12:48

Speed: 9.38 km/h

Running performance: 5:34 min/km

Rank in course/Total: 16 (of 30)

Rank in course/Women: 6 (of 14)

Best time in course: 10:58

Rank in category: 1(of 1)

Best time in the category: 12:48