



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Zwanzig, Oscar

Club: LV Altstadt '98

Number: 63

Course: 3.90 km

Hobbylauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 17:03

Speed: 10.56 km/h

Running performance: 4:22 min/km

Rank in course/Total: 8 (of 48)

Rank in course/Men: 8 (of 37)

Best time in course: 14:38

Rank in category: 1(of 5)

Best time in the category: 17:03