



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Gerlach, Sven

Club: LV Altstadt '98

Number: 70

Course: 3.90 km

Hobbylauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 17:33

Speed: 10.26 km/h

Running performance: 4:30 min/km

Rank in course/Total: 10 (of 48)

Rank in course/Men: 10 (of 37)

Best time in course: 14:38

Rank in category: 1(of 3)

Best time in the category: 17:33