



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Waner, Dirk

Total time: 18:58

Number: 51

Speed: 9.49 km/h

Running performance: 4:52 min/km

Course: 3.90 km

Rank in course/Total: 18 (of 48)

Hobbylauf

Rank in course/Men: 18 (of 37)

Best time in course: 14:38

Category:

Rank in category: 2(of 2)

Senioren M55 (55-59 Jahre)

Best time in the category: 17:18