



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Bomberk, Christian

Club: Sv wacker Rotheberode

Number: 48

Course: 3.90 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 19:31

Speed: 9.22 km/h

Running performance: 5:00 min/km

Rank in course/Total: 22 (of 48)

Rank in course/Men: 21 (of 37)

Best time in course: 14:38

Rank in category: 4(of 4)

Best time in the category: 14:40