



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Rieger, Alexandra

Club: NDH

Number: 41

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 21:31

Speed: 8.37 km/h

Running performance: 5:31 min/km

Rank in course/Total: 30 (of 48)

Rank in course/Women: 3 (of 11)

Best time in course: 19:04

Rank in category: 1(of 3)

Best time in the category: 21:31