



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Rieger, Dominuk

Club: NDH

Number: 68

Course: 3.90 km

Hobbylauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 21:31

Speed: 8.37 km/h

Running performance: 5:31 min/km

Rank in course/Total: 31 (of 48)

Rank in course/Men: 28 (of 37)

Best time in course: 14:38

Rank in category: 2(of 5)

Best time in the category: 19:51