



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Holzhaus, Hartmut

Club: SV Herrmannsacker

Number: 56

Course: 3.90 km

Hobbylauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 22:51

Speed: 7.88 km/h

Running performance: 5:52 min/km

Rank in course/Total: 39 (of 48)

Rank in course/Men: 32 (of 37)

Best time in course: 14:38

Rank in category: 1(of 1)

Best time in the category: 22:51