



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Weißenborn, Niels

Club: Diakonie

Number: 83

Course: 3.90 km

Hobbylauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 23:45

Speed: 9.85 km/h

Running performance: 6:05 min/km

Rank in course/Total: 40 (of 48)

Rank in course/Men: 33 (of 37)

Best time in course: 14:38

Rank in category: 3(of 5)

Best time in the category: 19:51