



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Ambesagir, Atakiti

Club: Eritrea

Number: 74

Course: 3.90 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 15:30

Speed: 15.10 km/h

Running performance: 3:58 min/km

Rank in course/Total: 4 (of 48)

Rank in course/Men: 4 (of 37)

Best time in course: 14:38

Rank in category: 2(of 4)

Best time in the category: 14:40