



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

**Seidel, Peter**

Club: Orthim Triathlon Team

Number: 124

Course: 7.20 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 25:51

Speed: 16.25 km/h

Running performance: 3:35 min/km

Rank in course/Total: 4 (of 55)

Rank in course/Men: 4 (of 44)

Best time in course: 20:47

Rank in category: 1(of 8)

Best time in the category: 25:51