



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Lutze, Jens

Club: SV Herrmannsacker

Number: 82

Course: 3.90 km

Hobbylauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 20:41

Speed: 8.70 km/h

Running performance: 5:18 min/km

Rank in course/Total: 27 (of 48)

Rank in course/Men: 26 (of 37)

Best time in course: 14:38

Rank in category: 4(of 7)

Best time in the category: 15:20