



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

**Gebregergsh, Brhone**

Club: Eritrea

Number: 121

Course: 7.20 km

Pokallauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 30:16

Speed: 13.88 km/h

Running performance: 4:12 min/km

Rank in course/Total: 13 (of 55)

Rank in course/Men: 12 (of 44)

Best time in course: 20:47

Rank in category: 1(of 4)

Best time in the category: 30:16