



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Schulz, Stefan

Club: eldorado-Nordhausen

Number: 130

Course: 7.20 km

Pokallauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 30:56

Speed: 13.58 km/h

Running performance: 4:18 min/km

Rank in course/Total: 15 (of 55)

Rank in course/Men: 14 (of 44)

Best time in course: 20:47

Rank in category: 2(of 4)

Best time in the category: 30:16