



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Camanguria, Tomas

Club: Zorge VFL Elrich

Number: 137

Course: 7.20 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 31:48

Speed: 13.21 km/h

Running performance: 4:25 min/km

Rank in course/Total: 16 (of 55)

Rank in course/Men: 15 (of 44)

Best time in course: 20:47

Rank in category: 1(of 4)

Best time in the category: 31:48