



29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

Detailed evaluation

Eichenhof, Torsten

Club: Harz-Racing e.V.

Number: 109

Course: 7.20 km

Pokallauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 32:30

Speed: 12.92 km/h

Running performance: 4:31 min/km

Rank in course/Total: 17 (of 55)

Rank in course/Men: 16 (of 44)

Best time in course: 20:47

Rank in category: 3(of 8)

Best time in the category: 20:47