



## 29. Nordhäuser Silvesterlauf 2015

Nordhausen / 31.12.2015

### Detailed evaluation

**Kästner, Stefan**

Club: Ludwigsburg / shaved BaUs e.v.

Number: 125

Course: 7.20 km

Pokallauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 32:39

Speed: 12.86 km/h

Running performance: 4:32 min/km

Rank in course/Total: 18 (of 55)

Rank in course/Men: 17 (of 44)

Best time in course: 20:47

Rank in category: 2(of 5)

Best time in the category: 28:58